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后浮肿消退，复查血肌酐78.5μmol/L，血尿素氮4.7mmol/L。随访2个月病情稳定。

讨　论

本病多由久病迁延，脾肾亏虚，气血暗耗，升清降浊之功能失司，终至湿毒内盛，脏腑衰败。传统治疗缺乏有效手段，多采用温阳益肾、利湿泄浊等法。根据“久病多瘀”、“久病多虚”理论，我们试用活血化瘀、扶正补虚法治疗。山海丹胶囊由人参、山羊血、当归、三七、赤芍、川芎、丹参、蒲黄、灵芝等药物组成，具有良好的益气养血、活血[illegible]调阴阳、[illegible]调[illegible]功能。[illegible]病的[illegible]理[illegible]时用方[illegible]护[illegible]海[illegible]有降[illegible]降血[illegible]抑[illegible]十[illegible]椎[illegible]遍，连捏[illegible]遍。捏[illegible]制[illegible]成、抑制血[illegible]胞[illegible]四遍时，在[illegible]将捏起[illegible]力[illegible]内皮细胞[illegible]力能，慢[illegible]，[illegible]，[illegible]声，力[illegible]、肾小[illegible]皮胞生、[illegible]捏第[illegible]、遍时[illegible]，[illegible]、捏[illegible]遍，捏[illegible]小[illegible]性[illegible]、肾[illegible]、血[illegible]捏皮[illegible]，以缓[illegible]疼[illegible]不[illegible]。[illegible]病[illegible]制[illegible]，山[illegible]有[illegible]治[illegible]×，[illegible]，[illegible]。[illegible]时，[illegible]、氧[illegible]的[illegible]，而[illegible]、[illegible]，[illegible]、[illegible]，[illegible]、[illegible]，[illegible]。[illegible]心[illegible]种[illegible]的细胞[illegible]细[illegible]小[illegible]，[illegible]，[illegible]步[illegible]难，[illegible]，腰[illegible]，[illegible]有[illegible]内[illegible]下[illegible]、[illegible]，[illegible]，[illegible]为[illegible]、腰[illegible]。[illegible]，者[illegible]，[illegible]，氧[illegible]由[illegible]，从[illegible]腰[illegible]突[illegible]捏起皮[illegible]上[illegible]，[illegible]、[illegible]内[illegible]种[illegible]分[illegible]的[illegible]化[illegible]边[illegible]上[illegible]，捏第十[illegible]椎[illegible]突处为1遍，捏[illegible]遍[illegible]丁生理力[illegible]，山海丹[illegible]乙[illegible]尸，捏[illegible]四[illegible]时，[illegible]捏边[illegible]，[illegible]将捏[illegible]、[illegible]丁[illegible]且，而[illegible]、慢性肾[illegible]有[illegible]，[illegible]。肤力上[illegible]，在[illegible]、[illegible]、一[illegible]椎突[illegible]从[illegible]中，[illegible]、效[illegible]分[illegible]”声，[illegible]捏[illegible]遍，捏[illegible]皮肤以[illegible]疼[illegible]月[illegible]，[illegible]，有效[illegible]，[illegible]感。经[illegible]认[illegible]了，腰[illegible]、[illegible]，巩[illegible][illegible]疗[illegible]用药[illegible]、且[illegible]一[illegible]、[illegible]，肾[illegible]2[illegible]7[illegible]。[illegible]定[illegible]上得[illegible]，有[illegible]沁疗[illegible]、[illegible]，[illegible]中[illegible]无月[illegible]关，[illegible]无论[illegible]有[illegible]、[illegible]，山海丹[illegible]疗[illegible]、[illegible]定[illegible]，[illegible]、[illegible]沁[illegible]慢[illegible]肾[illegible]、疗[illegible]有[illegible]，[illegible]。[illegible]导[illegible]、[illegible]，[illegible]、[illegible]病例[illegible]阳，[illegible]药[illegible]口[illegible]、[illegible]转，[illegible]山海丹[illegible]血成[illegible]有关，[illegible]、[illegible]病例有[illegible]、[illegible]，[illegible]药[illegible]口[illegible]口[illegible]转[illegible]

[illegible]中[illegible]杂志19[illegible]3[illegible]3[illegible]([illegible]:13[illegible]

[illegible].中[illegible]、[illegible]心[illegible]([illegible]3[illegible]:[illegible]

3[illegible].[illegible]杂志1[illegible]9[illegible].11([illegible]:[illegible]

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捏脊疗法临床新用

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褚海林

捏脊疗法临床上常用于治疗小儿积滞、疳症、腹泻、呕吐、消化不良等症。因对疳积疗效显著，故又称“捏积疗法”。近年来笔者用捏脊方法治疗成人腰部急性损伤及消化系统、神经系统疾病，取得很好效果。

手法操作基本要领：成人患者取俯卧位，松解腰部束带，暴露背部、腰部皮肤。术者以食，中指[illegible]

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